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On this edition of Sightings, in the 1950s, high-level officials at a super secret military base conducted radical experiments that produced startling new technology.

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00:00:10,000 --> 00:00:17,000

Our immediate reaction to each other was, my gosh, those are flying saucers. Those things really do exist.

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00:00:17,000 --> 00:00:21,000

One mystery lingers. Where did the saucer designs come from?

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A lot of people say they're from deep space.

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00:00:24,000 --> 00:00:29,000

Then a violent accident left this woman with the ability to solve crimes.

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00:00:29,000 --> 00:00:33,000

It's almost like I've become the victim because I can see through their eyes.

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00:00:33,000 --> 00:00:38,000

Later, behind the beauty of the Bahamas, beware the forbidden religion called Obeyah.

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00:00:38,000 --> 00:00:40,000

It is definitely part of Udu.

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00:00:40,000 --> 00:00:46,000

Plus, his life changed in an instant. Now he says he's not the same man and his family agrees.

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00:00:46,000 --> 00:00:51,000

There was no question in their mind about what a totally different soul was inhabiting that body.

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00:00:51,000 --> 00:00:58,000

And a sightings update. The people of Mexico City continue to document the story of the century.

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00:01:30,000 --> 00:01:33,000

Welcome to Sightings. I'm Tim White.

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The archetypal unidentified flying object is the flying saucer.

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Reports of convex disc-shaped objects are the most common type of UFO sighting.

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00:01:43,000 --> 00:01:48,000

Many ufologists point to the shape as an indication of their extraterrestrial origins.

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00:01:48,000 --> 00:01:56,000

But sightings is uncovered information that many governments, including our own, have designed and tested flying saucers.

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Major Keyhole, as author of the book Flying Saucers Are Real,

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what is your opinion of these new sightings of unidentified objects?

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00:02:05,000 --> 00:02:11,000

We'll do research of the air force. I believe that some of them will prove to be of interplanetary origin.

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00:02:13,000 --> 00:02:15,000

Flying saucers have invaded our planet.

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In the 1950s, nearly every science fiction movie featured flying saucers held bent on interplanetary destruction.

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00:02:22,000 --> 00:02:25,000

Looking back today, these encounters seem comical.

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00:02:25,000 --> 00:02:34,000

Even ridiculous. But it's important to remember that at the time, many Americans felt that flying saucers like these were a real threat.

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At that time, I realized that we were not the only civilization in this universe or eke galaxy.

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The first known flying saucer sighting was reported in June 1947 by pilot Kenneth Arnold,

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00:02:49,000 --> 00:02:51,000

who saw several disc-shaped craft.

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00:02:51,000 --> 00:02:56,000

And three weeks later, there was a mysterious crash near Roswell, New Mexico.

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00:02:56,000 --> 00:03:01,000

My dad had special training in investigating aircraft accidents, and he knew what he was looking at.

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00:03:01,000 --> 00:03:04,000

And what he saw was not a normal aircraft.

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00:03:04,000 --> 00:03:10,000

As a child, Dr. Jesse Marcell saw with his own eyes debris from the crash site.

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00:03:10,000 --> 00:03:15,000

His father, an Army intelligence officer, brought some of the wreckage home the night of the crash.

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00:03:15,000 --> 00:03:19,000

He brought the debris in, we looked at it, spread it out on the kitchen floor.

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00:03:19,000 --> 00:03:22,000

There is this black plastic, bakelite material.

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00:03:22,000 --> 00:03:32,000

There is metal foil, and then there were eye beams that had a purplish symbol written across the margin of it.

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The end of World War II and the emergence of flying saucer sightings may be more than a coincidence,

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00:03:39,000 --> 00:03:45,000

according to some aviation experts who believe many saucers have an earthly origin.

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00:03:45,000 --> 00:03:53,000

The Germans had been working on a disc-shaped aircraft at the end of World War II that would have been bought to the United States.

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00:03:53,000 --> 00:03:59,000

And then our engineers, you might say, made a better model of that craft.

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00:03:59,000 --> 00:04:09,000

There is evidence that as early as 1941, German engineers had successfully built and tested sophisticated aircraft resembling flying saucers.

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After the war, some of Germany's top aeronautical designers moved to America, Great Britain and the Soviet Union.

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00:04:16,000 --> 00:04:20,000

Did they bring their saucer plans with them? Apparently they did.

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This is rare, declassified footage of a saucer-shaped craft built and tested by the U.S. Air Force and dubbed the Avrocar.

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00:04:28,000 --> 00:04:36,000

A sightings investigation unearthed the original Avrocar prototype, forgotten in an obscure hangar just outside Washington, D.C.

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The Avrocar was developed in the late 1950s as an experimental test vehicle for vertical takeoff

and landing aircraft.

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They had intended to create an aircraft which would fly at regular aircraft altitudes and speeds in excess of 300 miles an hour.

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00:04:54,000 --> 00:05:00,000

Now you can say they were built by aliens or you can say that they were built by humans, you know.

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00:05:00,000 --> 00:05:08,000

And it's most likely that one of the major governments in the world, Soviet, American, British, had built something like that.

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00:05:08,000 --> 00:05:14,000

There are other indications that the military had ambitious plans for the flying saucer design.

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00:05:14,000 --> 00:05:19,000

The film you're watching is not science fiction. It is a rarely seen Air Force training film.

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00:05:25,000 --> 00:05:32,000

This isn't fantasy, nor is it necessarily a faithful look at the future, for new discoveries may

alter our course.

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In addition to films and documents, there are a few eyewitnesses who are dared to speak publicly.

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00:05:37,000 --> 00:05:44,000

In 1967 at McDill Air Force Base in Florida, Jack Pickett and a friend made a startling discovery.

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00:05:44,000 --> 00:05:53,000

We were near a restricted area of the base and all of a sudden we saw four aircraft parked out there and our immediate reaction to each other was,

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00:05:53,000 --> 00:05:58,000

my gosh, those are flying saucers, those things really do exist.

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00:05:58,000 --> 00:06:05,000

As publisher of the base newspaper, Pickett asked for permission to write an article and publish photos of the flying saucers he had seen.

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00:06:05,000 --> 00:06:09,000

I was called up to the Adjutant General's office.

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00:06:09,000 --> 00:06:19,000

He went over to a file cabinet and got out a whole bunch of photographs and he proceeded to lay these photographs out on a large table so that I could look at them.

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00:06:19,000 --> 00:06:29,000

Well, of course, my interest perked up instantly when I begin to see literally hundreds of photographs of all types of quote unquote flying saucers.

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00:06:29,000 --> 00:06:34,000

George Feiler is a former Air Force intelligence officer who has interviewed Jack Pickett.

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00:06:34,000 --> 00:06:38,000

He believes Pickett's story is genuine and very significant.

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00:06:38,000 --> 00:06:43,000

A lot of people say, well, how can something be kept secret for 50 years?

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00:06:43,000 --> 00:06:54,000

Well, I point out that the F-117 stealth fighter was kept secret for approximately 10 years and most of us didn't know that it existed until the government released the information.

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00:06:54,000 --> 00:07:02,000

I pointedly asked him, not only are these where the flying saucers stories came from, is this what they were?

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00:07:02,000 --> 00:07:03,000

And he said, yes.

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00:07:03,000 --> 00:07:04,000

Well, I was all struck.

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00:07:04,000 --> 00:07:07,000

I couldn't really believe I was seeing what I was seeing.

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00:07:07,000 --> 00:07:16,000

Some of those photographs had many, many aircraft in them and they were all easily identifiable as Air Force photographs are.

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00:07:16,000 --> 00:07:21,000

And I asked him, well, how high and how fast could these things go?

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00:07:21,000 --> 00:07:23,000

You hear all these stories.

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00:07:23,000 --> 00:07:31,000

And he said, well, this particular aircraft could go fast enough and high enough to actually achieve space flight.

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00:07:31,000 --> 00:07:39,000

And I had no idea when he was telling me this story that wouldn't be too long before they were declared non-existent.

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Interestingly, in the days just before Pickett's discovery of the saucers at McBill, there had been a rash of UFO sightings in the area.

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00:07:48,000 --> 00:07:50,000

Were the two events connected?

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00:07:50,000 --> 00:07:59,000

We may never know because not only was Jack Pickett denied access to the saucer photos, the Air Force began to deny their very existence.

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00:07:59,000 --> 00:08:03,000

This is an illustration of one of the largest ones parked down.

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00:08:03,000 --> 00:08:05,000

In fact, it was the largest.

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00:08:05,000 --> 00:08:07,000

It was nearly a hundred feet across.

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00:08:07,000 --> 00:08:17,000

Twenty-two years after his initial sightings, Pickett has launched a one-man campaign to have the saucer photos, if not declassified, at least acknowledged.

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00:08:17,000 --> 00:08:21,000

When I initially wrote, I began to get answers back.

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00:08:21,000 --> 00:08:24,000

They didn't have the finished idea of what I was talking about.

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00:08:24,000 --> 00:08:33,000

I got letters from high-ranking officers that they had no record of such an aircraft ever existing, so I knew that it was top secret again.

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00:08:33,000 --> 00:08:40,000

But why maintain secrecy about a two-decade-old project using World War II technology?

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00:08:40,000 --> 00:08:50,000

Some researchers believe it's because flying saucer projects are still ongoing, and that the technology to build them has not come from a foreign country, but from a foreign civilization.

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00:08:50,000 --> 00:08:57,000

Ufologists believe that the crash at Roswell was not the result of a military saucer project, but the birth of one.

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00:08:57,000 --> 00:09:03,000

That wreckage from Roswell was transported to Wright-Patterson Air Force Base for a reason.

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00:09:03,000 --> 00:09:13,000

Wright-Patterson had something unique to our government, and that was the technical intelligence organization, so-called T2, or what became the foreign technology division.

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This is the sort of division that would have been appropriate to use for the investigation of UFO research.

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In fact, in the years following the Roswell incident, three former government employees who had worked at Wright Field all applied for U.S. patents for flying saucers.

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But it would be nearly 40 years before any government employee would state publicly that not only does the military test flying saucers,

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00:09:38,000 --> 00:09:44,000

but that they have been created by stealing technology from captured extraterrestrial craft.

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00:09:44,000 --> 00:09:56,000

In a rare interview foresightings, aerospace engineer Bob Lazar claimed that he had been part of a team charged with reverse engineering of flying saucer of unknown origin at Area 51 in Nevada.

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00:09:56,000 --> 00:10:03,000

Our job was basically to look at these recovered disks, and I say recovered because I don't know really where they came from.

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00:10:03,000 --> 00:10:06,000

Whether given to us, we found them, shot them down, who knows what.

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00:10:06,000 --> 00:10:16,000

But our group basically was to back engineer them, which means to start with a finished product and go backward and see how it was fabricated,

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00:10:16,000 --> 00:10:20,000

and try and duplicate some of that technology with earthly materials.

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00:10:20,000 --> 00:10:24,000

The question is no longer, do they exist?

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00:10:24,000 --> 00:10:28,000

Strange experimental craft are being piloted through our atmosphere.

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00:10:28,000 --> 00:10:32,000

The new question is, how many of them are ours?

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00:10:32,000 --> 00:10:36,000

How many of them were created by the sweat of human endeavor?

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00:10:36,000 --> 00:10:43,000

And are any of the earthly cousins of a captured extraterrestrial craft?

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00:10:43,000 --> 00:10:49,000

So there's something out there that people are seeing, and the question of course is who do they belong to?

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00:10:49,000 --> 00:11:00,000

A lot of people say they're from deep space, you know, but they could just as easily be from this world.

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00:11:00,000 --> 00:11:07,000

The saucer shape, although predominant in science fiction, represents only a small part of UFO designs.

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00:11:07,000 --> 00:11:18,000

There have been numerous documented sightings of cones, cylinders, and spheres with propulsion patterns that no one, including former military engineers, can recreate.

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00:11:18,000 --> 00:11:23,000

Coming up, a violent accident left this woman with startling psychic abilities.

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00:11:23,000 --> 00:11:29,000

The trauma allows the psychic information to get to the surface.

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00:11:31,000 --> 00:11:38,000

Most psychics believe that the power to communicate telepathically and see into the future is innate.

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00:11:38,000 --> 00:11:43,000

It's something that we're all born with, and like any ability, has to be developed and exercised.

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00:11:43,000 --> 00:11:51,000

But a few psychics believe that they received strange new powers after one specific traumatic event.

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00:11:52,000 --> 00:11:59,000

I was in a car, and it's like I passed out. My foot went down on the accelerator.

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00:12:02,000 --> 00:12:08,000

I had all kinds of trauma to my head. This side of my face was all black.

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00:12:08,000 --> 00:12:20,000

It was almost like you take a pencil and draw down my nose, and I had glass in this eye, and the whole side of my head was just a mess.

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00:12:21,000 --> 00:12:27,000

After her accident, Joyce Martin's body was battered, but strangely, her mind was in sharper focus than ever.

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00:12:27,000 --> 00:12:30,000

She suddenly had the ability to locate missing persons.

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00:12:30,000 --> 00:12:47,000

It may be just something about the trauma, whether it's electrical trauma or accident trauma or whatever, that shakes up the brain or changes something that we don't understand yet, but allows the psychic information to get to the surface.

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00:12:47,000 --> 00:12:55,000

Neurologist Dr. Michael Persinger believes that most people who have had head trauma experience some type of heightened psychic ability.

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00:12:55,000 --> 00:12:59,000

He believes these experiences occur here in the brain's temporal lobes.

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00:12:59,000 --> 00:13:11,000

Some of the experiences that a person has after even mild traumas to the temporal lobes would be the sensations of déjà vu, the precognitive sensations,

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00:13:11,000 --> 00:13:25,000

and also one of the most compelling features that take place after a trauma is the sensation of enhanced psychical capacities, where the person suddenly knows for reasons that they aren't clear of.

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00:13:25,000 --> 00:13:35,000

It's almost like I can tune in to the victim, and I can see through their eyes. It's almost like I become the victim because I can feel the pain.

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00:13:35,000 --> 00:13:42,000

Within months of her accident, Martin's remarkable new abilities were called upon during the search for Tucson girl.

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00:13:42,000 --> 00:13:48,000

Vicki Lynn Hoskinson was abducted while running an errand on her bicycle. She was eight years old.

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00:13:48,000 --> 00:13:56,000

I heard on the car radio that she was missing, and I drove to the area that Vicki Lynn had been abducted.

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00:13:56,000 --> 00:14:12,000

And when I got over there, I knew that she had gone over the top of her bicycle, that the car had hit the back of the bicycle, and that her hands were in dirt, that she had skinned her hands.

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00:14:12,000 --> 00:14:17,000

Martin contacted police Sergeant Leroy Proctor, a detective from a neighboring county.

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00:14:17,000 --> 00:14:30,000

I don't necessarily believe in psychics, but the information that I received from her on the telephone was so accurate that I became very interested in talking to her in person.

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00:14:30,000 --> 00:14:34,000

Sceptical, but desperate, Sergeant Proctor agreed to meet with Joyce Martin.

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00:14:34,000 --> 00:14:51,000

We went out to Ina Road, and as we got just past Wade, there's a big dip. And in the middle of the dip is where my whole body would just start sobbing like a little child sobs after they've been crying for a long time.

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00:14:51,000 --> 00:15:00,000

And it was something I couldn't control at all. And I directed Leroy to go out to the end of Ina. I knew she was out there.

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00:15:00,000 --> 00:15:10,000

She led me to the intersection basically of Ina and Wade. She made me stop and she looked over to the right and she says, this really looks like it. This is what I see.

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00:15:10,000 --> 00:15:16,000

We got out of the car and we looked around and she says, I cannot understand why she's not here.

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00:15:16,000 --> 00:15:25,000

In her psychic visions, Martin had seen a windmill, an old wagon, and a barn. All of these clues were found in the vicinity of Ina and Wade.

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00:15:25,000 --> 00:15:34,000

Police searched the area but found nothing until seven months later when Vicki Lynn's remains were finally found within 100 feet of that intersection.

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00:15:34,000 --> 00:15:41,000

If I knew then what I know now, yes, I would have gotten her involved earlier. I would have

listened to her more.

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00:15:41,000 --> 00:15:48,000

Vicki Lynn's father, Ron Huskinson, regrets that he did not listen sooner to Joyce Martin's psychic clues.

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00:15:48,000 --> 00:15:57,000

If they would have went by her hunch and we would have known exactly where to look, we would have been a lot better off.

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00:15:57,000 --> 00:16:07,000

I don't know how this works. I don't know how to stop it. I don't know how to start it. I've never really thought that it was because I had a bump on the head.

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00:16:07,000 --> 00:16:12,000

But there is mounting evidence suggesting that this is precisely what did happen.

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00:16:12,000 --> 00:16:22,000

Injuries can result in a restructuring of the temporal lobes and the person's capacities to have psychical experiences are actually enhanced.

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00:16:22,000 --> 00:16:34,000

We have no idea what the physiology of the psychic experience is. I don't think we can ignore the fact that trauma seems to be associated with certain psychic abilities, but it's not the whole answer.

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00:16:34,000 --> 00:16:44,000

If the accident had not occurred, no way would I be doing this. I don't know what I would be doing, but I know I would not be sitting here today.

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00:16:44,000 --> 00:16:55,000

Neuroscientist Michael Persinger has successfully recreated near-death, out-of-body and alien abduction experiences by stimulating the temporal lobes of volunteer subjects.

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00:16:55,000 --> 00:17:06,000

He theorizes that people who have these experiences outside the laboratory may have a brain chemistry that somehow naturally stimulates their temporal lobes.

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00:17:06,000 --> 00:17:12,000

Next on Sightings, he was near-death when a new soul entered his body and transformed his life.

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00:17:12,000 --> 00:17:16,000

The light went through me and when I woke up, I was a different person.

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00:17:16,000 --> 00:17:24,000

People who have been near-death report many kinds of paranormal experiences.

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00:17:24,000 --> 00:17:31,000

After a miraculous recovery, a few individuals claim that they now have unexplained powers or abilities.

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00:17:31,000 --> 00:17:40,000

And they believe these supernatural gifts were bestowed upon them by ancient souls that have walked in and taken over the physical body.

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00:17:40,000 --> 00:17:46,000

It's a strange story. A man named Raymond dies. At the same moment, Jason is born.

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00:17:46,000 --> 00:17:53,000

Raymond and Jason are two separate souls, but this man believes they have both inhabited his body.

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00:17:53,000 --> 00:17:58,000

He has no scientific proof, only an undying personal conviction.

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00:17:58,000 --> 00:18:06,000

In 1977, Raymond Winters was told by his doctors that he was dying of cancer and he had no more than three months to live.

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00:18:06,000 --> 00:18:15,000

But Winters is still alive because he believes that during surgery he experienced the phenomenon known as soul exchange and became a walk-in.

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00:18:15,000 --> 00:18:26,000

While the operation was going on, I suddenly found myself conscious and suddenly a bright light was coming towards me, a brilliant light.

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00:18:26,000 --> 00:18:33,000

The light went through me and suddenly I heard the nurse screaming, more anesthetic he's coming to.

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00:18:33,000 --> 00:18:40,000

And when I woke up from that operation and had that vision, I was a different person.

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00:18:40,000 --> 00:18:49,000

I looked at my wife. I couldn't believe that she was my wife. I had changed so much she couldn't believe I was her husband.

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00:18:49,000 --> 00:18:59,000

A walk-in as an advanced soul who through previous lifetimes has earned the right, if he wants to, to take over the role of a walk-in.

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00:18:59,000 --> 00:19:04,000

Author Ruth Montgomery is a leading expert on the soul exchange phenomenon.

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00:19:04,000 --> 00:19:09,000

She has written three books on the subject and has interviewed hundreds of supposed walk-ins.

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00:19:09,000 --> 00:19:19,000

And a walk-in comes in when a person is so discouraged, so unable to cope with life anymore that he wants to leave,

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00:19:19,000 --> 00:19:25,000

or he's in a near-death experience or sometimes clinical death on the operating table.

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00:19:25,000 --> 00:19:29,000

Then a walk-in can replace that soul.

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00:19:31,000 --> 00:19:38,000

Jeanette Walsh was married to Raymond Winters. She found it difficult to cope with her husband's

paranormal experience.

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00:19:38,000 --> 00:19:46,000

He asked if I would start calling him Jason and it was kind of hard to go from calling him Ray to Jason.

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00:19:46,000 --> 00:19:52,000

The body was the same, but the man was different. He would not accept his doctor's dire prognosis.

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00:19:52,000 --> 00:19:56,000

Raymond, now Jason, was convinced that he could survive his cancer.

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00:19:56,000 --> 00:20:01,000

A strange force drew him to the Far East where he searched for an herbal cure.

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00:20:01,000 --> 00:20:09,000

I got out of bed and I went on a trip. I got special permission from Singapore Airlines to get on a plane because I was wrapped in bandages.

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00:20:09,000 --> 00:20:12,000

They thought I would die on the plane. I had to sign forms.

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00:20:12,000 --> 00:20:16,000

He wanted to go to the east to look for these different herbs, which is what we did.

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00:20:16,000 --> 00:20:19,000

We traveled all over to find them and he found them.

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00:20:19,000 --> 00:20:27,000

Then we came back to the States and he started making all of these different drinks.

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00:20:27,000 --> 00:20:35,000

From that point on, he got better with tremendous speed and people started to notice the difference.

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00:20:35,000 --> 00:20:42,000

I would come home from work and there would be sick people sitting all around my apartment.

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00:20:42,000 --> 00:20:50,000

There would be Jason giving out this tea and sitting there talking to them and counseling them and hugging them and everything.

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00:20:50,000 --> 00:20:56,000

There was no question in their mind about what a totally different soul was inhabiting that body.

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00:20:56,000 --> 00:21:02,000

After he began his profession of seeking out the herbs, he was able to heal himself.

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00:21:02,000 --> 00:21:07,000

Today, Jason Winters tea is sold worldwide and many people believe he has saved their lives.

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00:21:07,000 --> 00:21:11,000

But success for Jason meant losing the woman Raymond had once loved.

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00:21:11,000 --> 00:21:18,000

My wife and I had to get a divorce. To this day, I can't even remember marrying her.

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00:21:18,000 --> 00:21:27,000

Nearly every walk-in that I've ever known and not by now I've known a lot of them has shortly afterwards gone through a divorce.

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00:21:27,000 --> 00:21:36,000

When we think about it, it's really logical because it's not the person that that man or woman fell in love with or asked to marry.

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00:21:36,000 --> 00:21:43,000

It wasn't like he just had a personality change but every single thing about him changed.

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00:21:43,000 --> 00:21:48,000

Jason's son, Robin Winters, struggled to accept the man his father had become.

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00:21:48,000 --> 00:21:52,000

He found an answer after contacting psychic Susan Staples.

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00:21:52,000 --> 00:22:00,000

I went to see her and she went into a trance. She didn't have any idea who I was.

188

00:22:00,000 --> 00:22:07,000

She went into a trance and suddenly she said in a deep voice, Jason is here and he wants to speak to you.

189

00:22:07,000 --> 00:22:15,000

And I said, what do you mean Jason? I'm Jason. She said, no, a big dark gentleman is standing beside you.

190

00:22:15,000 --> 00:22:18,000

He is your walk-in and he wants to talk to you.

191

00:22:18,000 --> 00:22:24,000

My father found out who the walk-in presence was and that was through a psychic.

192

00:22:24,000 --> 00:22:31,000

And the person was an Indian, I guess, and it was back in the 30s and he was a medical doctor.

193

00:22:31,000 --> 00:22:39,000

She started telling me about why I was going to India all the time and standing under the gateway of India when I had no reasons to go there.

194

00:22:39,000 --> 00:22:41,000

I just kept going back there all the time.

195

00:22:41,000 --> 00:22:49,000

And then I found out that this is where the walk-in that is part of me now, the herbalist, the

healer, the medical doctor,

196

00:22:49,000 --> 00:22:55,000

he was shot there in 1935. The most astounding thing about this happened.

197

00:22:55,000 --> 00:23:01,000

He was shot on the 13th of September, 1935, my birthday.

198

00:23:01,000 --> 00:23:09,000

Jason Witters believes that his walk-in has given him a second chance. His two sons support their father's new life as a healer.

199

00:23:09,000 --> 00:23:14,000

As a result of this whole experience, my whole family's life has changed in a dramatic fashion.

200

00:23:15,000 --> 00:23:26,000

We have gone from having what seemed like a pointless, useless direction to really helping people and touching a lot of people with my father's story.

201

00:23:26,000 --> 00:23:30,000

Jason Witters is one of my favorite examples of a walk-in.

202

00:23:30,000 --> 00:23:39,000

He's developed all of these different alternative medicines that have helped thousands and perhaps as I said, millions of people.

203

00:23:39,000 --> 00:23:48,000

And he's become a positive, productive person who has certainly contributed to the good of humanity.

204

00:23:48,000 --> 00:23:53,000

We mustn't think negative. We've got to think positive, positive, positive all the time.

205

00:23:53,000 --> 00:23:57,000

It's unnatural to be unhealthy, natural to be healthy.

206

00:23:57,000 --> 00:24:04,000

And if you want the secret of success, go out, help people, start smiling.

207

00:24:05,000 --> 00:24:12,000

Another man who was sent to believe that he had been transformed by a walk-in was former Egyptian President Anwar Sadat.

208

00:24:12,000 --> 00:24:20,000

Sadat believed that the new soul that he received pushed him toward his eventual commitment to peace in the Middle East.

209

00:24:20,000 --> 00:24:25,000

Next on Sightings, inside the world of Obeya, the forbidden religion of the Bahamas.

210

00:24:25,000 --> 00:24:27,000

It is definitely part of Udu.

211

00:24:27,000 --> 00:24:31,000

Then a Sightings UFO update from Mexico City.

212

00:24:31,000 --> 00:24:35,000

And later, can we all learn to live disease free?

213

00:24:39,000 --> 00:24:44,000

There are a number of smaller religions that worship the power of the curse.

214

00:24:44,000 --> 00:24:46,000

Among them is the practice of Obeya.

215

00:24:46,000 --> 00:24:51,000

In the Bahamas, this Vudu sect is so feared, it's been outlawed.

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00:24:51,000 --> 00:24:57,000

When a Sightings investigative team traveled to the Bahamas to investigate Obeya, they were told not to do the story.

217

00:24:57,000 --> 00:25:02,000

They were warned that the evil power of Obeya is far-reaching and deadly.

218

00:25:06,000 --> 00:25:10,000

If they pick your food and eat it while that bottle there, they'll die.

219

00:25:13,000 --> 00:25:16,000

They all believe in Obeya. There's no doubt about it.

220

00:25:22,000 --> 00:25:26,000

Cat Island in the Bahamas is a tropical paradise.

221

00:25:26,000 --> 00:25:33,000

But beneath the surface beauty of emerald lagoons and white sand beaches is a mysterious undercurrent of Obeya.

222

00:25:33,000 --> 00:25:39,000

Few here have escaped its power, and fear of that power has led the government to ban it.

223

00:25:41,000 --> 00:25:44,000

Islanders keep their religious practices to themselves.

224

00:25:44,000 --> 00:25:47,000

Few will speak of it. Even fewer will explain it.

225

00:25:48,000 --> 00:25:50,000

And yet its power is palpable.

226

00:25:50,000 --> 00:26:00,000

Many paranormal researchers who have studied the island believe that it's haunted, perhaps by the vengeful spirits of those who were enslaved here after its discovery by Christopher Columbus.

227

00:26:00,000 --> 00:26:08,000

81-year-old Frances Armbruster, known to all as Mrs. A, has a profound respect for the dark power of Obeya.

228

00:26:08,000 --> 00:26:16,000

She came to Cat Island in the early 1960s, and for the past 30 years has seen many signs that the outlawed religion is wise.

229

00:26:17,000 --> 00:26:22,000

She's widely practiced here. Obeya has even hit home, literally.

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00:26:22,000 --> 00:26:26,000

The Armbruster house has burned twice. The last time it almost killed her.

231

00:26:26,000 --> 00:26:30,000

I was burned 65% of my body. I lost everything.

232

00:26:30,000 --> 00:26:37,000

The cause of the fires has never been determined, but Mrs. A believes it's related to a curse placed on her home and business.

233

00:26:37,000 --> 00:26:42,000

When they were standing in front of the store, and the air was just thick, I knew something was wrong.

234

00:26:42,000 --> 00:26:48,000

I said, what's the matter with you people? And finally Agnes piped up and said, somebody put an Obeya in your store.

235

00:26:48,000 --> 00:26:56,000

I went in the store and I looked in the drawer, and there was a Bahamian bill and a US dollar bill.

236

00:26:56,000 --> 00:27:02,000

And at the rear end of a dead rat, blood and guts and everything.

237

00:27:02,000 --> 00:27:09,000

And I went to Mildred, and I went to Mildred was my cook, and supposedly one of the biggest witches on the island, but she never would admit it.

238

00:27:09,000 --> 00:27:16,000

And she said, you take this object out of the drawer, and you make a cross all the way across the drawer with a thick layer of salt.

239

00:27:16,000 --> 00:27:22,000

And then pour kerosene or gasoline over it, and then take it down to the beach, put it in the water, and set it on fire.

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00:27:22,000 --> 00:27:27,000

And if it floats away and the smoke goes out to sea, you're safe.

241

00:27:27,000 --> 00:27:30,000

If it comes back onto the bay, you're in trouble.

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00:27:30,000 --> 00:27:38,000

Although Mildred never admitted she was a witch, a strange incident shortly after her death convinced Mrs. A and others that Mildred had superpowers.

243

00:27:38,000 --> 00:27:48,000

On that Mildred dying hour this night, we was in the kitchen cooking, I and my daughter bet, sitting side by side.

244

00:27:48,000 --> 00:28:00,000

There was a pot on the stove, and she had a big heavy lid on it, and all of a sudden it lifted itself off the stove and came flying across the room straight at her head.

245

00:28:01,000 --> 00:28:09,000

And my daughter only had to dodge her head and mark the sign of the crossing her feet, and the platter fall on the ground to her feet.

246

00:28:09,000 --> 00:28:16,000

Now I and her get scared, and we run out of the kitchen because we know then it was merely.

247

00:28:16,000 --> 00:28:20,000

They would not come back, they never set foot in that kitchen again.

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00:28:20,000 --> 00:28:24,000

Obeyah has its roots in a number of ancient African religions.

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00:28:25,000 --> 00:28:33,000

When members of these religions were enslaved and forcibly shipped to the Americas, they kept their beliefs secret and continued to practice in private.

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00:28:33,000 --> 00:28:40,000

Wherever they came, they brought their own religious ideas, like the old African religion of Udu.

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00:28:40,000 --> 00:28:47,000

They also found different circumstances, and so they adapted their African religious ideas to those different circumstances.

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00:28:48,000 --> 00:28:56,000

On Cat Island, practicing Obeyah is against the law, and we found few people who were willing to share any of its secrets with us.

253

00:28:58,000 --> 00:29:04,000

Islanders told us that Aiva is a walking encyclopedia on the ancient practice of Obeyah.

254

00:29:04,000 --> 00:29:14,000

With some reluctance, she showed our sightings team this bottle filled with graveyard dirt, hair, fingernails, urine, garlic, and a lily, the flower of death.

255

00:29:15,000 --> 00:29:18,000

We ask her about the significance of this talisman.

256

00:29:18,000 --> 00:29:28,000

Once they see a bottle in the tree, they know you have something in that bottle, and if they pick your food and eat it while that bottle there, the belly gets swell and they'll die.

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00:29:28,000 --> 00:29:35,000

The power of the curse is worshiped above all else, and its ability to cause suffering and even death is very real.

258

00:29:35,000 --> 00:29:48,000

The spirits can be provoked to do justice, and justice sometimes means doing bad to your enemies, and through curses you can make spirits do bad things to your enemy.

259

00:29:48,000 --> 00:29:55,000

That's how Aiva explains the death of a local man, who picked fruit from a tree protected by an Obeyah bottle.

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00:29:56,000 --> 00:30:02,000

And he died with a belly like this. Like he wasn't ready to have a baby.

261

00:30:02,000 --> 00:30:09,000

Soon Job's firing on his indigree right now, but on the counter picking people things and see the bottle up in the tree.

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00:30:10,000 --> 00:30:14,000

Frances Armbruster has also been touched by the dark side of Obeyah.

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00:30:14,000 --> 00:30:18,000

Although she is not a believer, she respects those who are.

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00:30:18,000 --> 00:30:25,000

When a 16th century treasure chest was discovered on her property, Mrs. A. heeded the warning of an Obeyah witch not to open it.

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00:30:25,000 --> 00:30:28,000

It sits closed and as a conversation piece.

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00:30:28,000 --> 00:30:35,000

Although Obeyah uses curses for evil purposes, practitioners insist the religion believes in the essential goodness of humankind.

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00:30:35,000 --> 00:30:46,000

African religions don't worship the dark forces, but they do know that the dark forces exist, and they recognize that there are people within the religious culture that know how to use these dark forces.

268

00:30:48,000 --> 00:30:56,000

Practitioners of Obeyah believe that they are being unfairly singled out by a government that does not understand the complexity of their religion.

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00:30:56,000 --> 00:31:06,000

While they admit that there are black magic rituals, Obeyah practitioners also perform healings, curse removals, and other forms of white magic.

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00:31:07,000 --> 00:31:10,000

Coming up next, a sightings update from Mexico City.

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00:31:10,000 --> 00:31:15,000

Video tape continues to surface from a largest UFO flap in history.

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00:31:19,000 --> 00:31:25,000

Since 1991, there have been more than 1,000 UFO sightings over Mexico City.

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00:31:25,000 --> 00:31:29,000

At first, attempts to document the phenomena were amateurish and inconsistent.

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00:31:29,000 --> 00:31:36,000

But as the flap has continued, a more thorough and coordinated effort to document the sightings is underway.

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00:31:36,000 --> 00:31:41,000

It's a grassroots movement that's gaining momentum and credibility.

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00:31:41,000 --> 00:31:51,000

With UFO sightings like this one occurring nearly every week, citizen groups are forming all over Mexico, with support and training provided by several colleges and universities.

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00:31:51,000 --> 00:31:55,000

They are learning how to recognize and document genuine UFOs.

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00:31:57,000 --> 00:32:03,000

There are also some diamond shaped forms, red in color, that are suspended over the mountain.

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00:32:03,000 --> 00:32:10,000

And all of a sudden they become long, and then all of a sudden diamond is shaped again. Then they disappear.

280

00:32:12,000 --> 00:32:23,000

We went to my sister-in-law's home. All of a sudden I thought I was looking at a cloud, and I saw a yellow light. It got closer to us.

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00:32:23,000 --> 00:32:32,000

Among the experts participating in these field seminars is Dmitri Ophiria, who maintains Mexico's largest library of UFO footage.

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00:32:32,000 --> 00:32:36,000

A former safari leader, he's now after a different kind of big game.

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00:32:37,000 --> 00:32:48,000

My experience as an observer starts back in a time when I dedicated myself to being in the field hunting animals.

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00:32:48,000 --> 00:32:56,000

But now what I am trying to capture on camera and on video are UFOs.

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00:32:57,000 --> 00:33:05,000

Fariya has made a thorough study of conventional aircraft and their flight patterns, so he can distinguish them at a glance from true UFOs.

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00:33:05,000 --> 00:33:10,000

You need to see them, to look for them, and know what to look for.

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00:33:10,000 --> 00:33:16,000

The shine, intensity of the shine, and the movement that these machines have.

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00:33:16,000 --> 00:33:23,000

As more amateur ufologists are trained in his technique, an impressive videotape database is being developed.

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00:33:24,000 --> 00:33:29,000

He would teach me how to look at the sky. He would show me his videos that he had already recorded.

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00:33:29,000 --> 00:33:35,000

He would tell me how I had to sharpen my vision to be able to distinguish those objects since they are very small.

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00:33:38,000 --> 00:33:46,000

First record them on video and study them to be able to compare later a real one from a false one.

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00:33:47,000 --> 00:33:53,000

I spent about seven months looking at the sky and wasn't able to record anything.

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00:33:53,000 --> 00:33:59,000

Then it took me about two more months before I was able to obtain the first video.

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00:34:00,000 --> 00:34:04,000

The number of UFO videos shot in Mexico is overwhelming.

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00:34:04,000 --> 00:34:11,000

When the computer science department at El Grupo Sogo, a Mexican state university, was asked to analyze the footage,

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00:34:11,000 --> 00:34:14,000

Professor Victor Casada was hesitant.

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00:34:16,000 --> 00:34:22,000

I didn't buy into the phenomenon. I thought that many of the videos were falsifications,

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00:34:22,000 --> 00:34:28,000

utilizing a methodology known in computer lingo as multimedia.

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00:34:28,000 --> 00:34:36,000

But when Professor Casada, his colleagues and students, began looking at the UFO footage, a startling pattern was instantly visible.

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00:34:36,000 --> 00:34:43,000

Computer enhancements of the supposed UFOs could not be matched to enhancements of any conventional aircraft.

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00:34:44,000 --> 00:34:50,000

At that point we weren't as skeptical. We said let's take advantage of what we know and let's try to look for the truth on our own.

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00:34:50,000 --> 00:34:53,000

And then the university backed us up.

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00:34:53,000 --> 00:34:57,000

Professors approached the university with an unusual proposal.

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00:34:57,000 --> 00:35:02,000

They wanted to conduct formal classes in the study of the Mexican UFO phenomenon.

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00:35:02,000 --> 00:35:06,000

Surprisingly, permission was granted and the classes filled quickly.

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00:35:07,000 --> 00:35:12,000

My interest in all of this changed to understand a little more about the truth.

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00:35:12,000 --> 00:35:20,000

In reality there is a lot of photographic material and video material that really makes you think that there is something out there.

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00:35:23,000 --> 00:35:27,000

I decided to do field research with a group of students and professors,

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00:35:27,000 --> 00:35:31,000

and we started to see phenomena in the heavens that were inexplicable.

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00:35:32,000 --> 00:35:38,000

I noticed that there were strange things. We saw lights, very rare lights,

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00:35:38,000 --> 00:35:45,000

and lights that could not be categorized as a star or categorized as an airplane.

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00:35:48,000 --> 00:35:57,000

For the students and faculty at El Grupo Sol, what started out as a purely technical exercise has become a topic for not only scientists, but also philosophers.

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00:35:58,000 --> 00:36:05,000

It would be of great interest to me to be able to have in my hand the most advanced technology,

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00:36:05,000 --> 00:36:10,000

the most advanced resources to be able to have the most information.

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00:36:12,000 --> 00:36:18,000

I believe in the efforts that the universities make, that the individuals make, that the governments make,

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00:36:18,000 --> 00:36:22,000

in order to find the truth to this phenomenon.

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00:36:22,000 --> 00:36:28,000

If it is the case that it really exists, we should be able to establish contact with it.

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00:36:28,000 --> 00:36:34,000

The good thing would be that this would have a positive effect for mankind.

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00:36:36,000 --> 00:36:43,000

Citing sees one of the few American organizations to take an active and scientific interest in the Mexico City UFOs.

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00:36:43,000 --> 00:36:49,000

With our Mexican contacts, we are compiling and analyzing new videotapes just now coming in.

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00:36:49,000 --> 00:36:53,000

And we'll have those tapes for you on an upcoming program.

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00:37:07,000 --> 00:37:16,000

Carolyn Mace is a medical intuitive who believes that you can learn to detect the presence of illness before your body sends you any physical warning signs.

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00:37:17,000 --> 00:37:24,000

By teaching people how to psychically diagnose illness, they can begin healing much sooner than is

normally possible.

324

00:37:26,000 --> 00:37:30,000

I have a very unusual ability with a very unusual skill.

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00:37:30,000 --> 00:37:35,000

It's probably a talent more than a skill. I was born with it.

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00:37:35,000 --> 00:37:43,000

Carolyn Mace is not a doctor or a nurse, but she does have a remarkable track record for diagnosing hidden illnesses.

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00:37:44,000 --> 00:37:51,000

Since childhood, Mace believes that she has had a gift to detect physical and emotional illness before any outward symptoms appear.

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00:37:51,000 --> 00:37:58,000

One day, I went after I was in high school and I wanted to have to work to meet my mom at the grocery store.

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00:37:58,000 --> 00:38:05,000

And the clerk was standing at the cash register and as I walked by, her husband came in.

330

00:38:05,000 --> 00:38:10,000

I received the impression that Elmer was going to die very soon.

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00:38:10,000 --> 00:38:14,000

And six weeks later, Elmer was found dead on himself.

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00:38:14,000 --> 00:38:19,000

Carolyn Mace didn't begin to develop her intuitive diagnostic powers until years later.

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00:38:19,000 --> 00:38:25,000

In 1984, Mace met alternative therapies pioneer Dr. C. Norman Shealy.

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00:38:25,000 --> 00:38:31,000

A month after the two were introduced, Dr. Shealy consulted Mace over the phone about one of his patients.

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00:38:31,000 --> 00:38:37,000

I would give her the patient's name and age, that's all she needs, and tell her nothing else.

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00:38:37,000 --> 00:38:39,000

And then I'd say, what do you see is wrong?

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00:38:39,000 --> 00:38:45,000

All I remember is instantly impressions began to come into my head.

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00:38:45,000 --> 00:38:50,000

I said, there's concrete in the person's throat. I didn't know how to use physiological language at the time.

339

00:38:50,000 --> 00:38:56,000

But he would take my imagery and convert it. He says, concrete. He says, this person has esophageal cancer.

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00:38:56,000 --> 00:39:01,000

Some of Carolyn's diagnoses have been absolutely remarkable. She is extremely accurate.

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00:39:01,000 --> 00:39:12,000

Now, she's only 93% accurate. That makes her overall the most accurate person that I've personally tested out of about 100 intuitive people that I've worked with.

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00:39:12,000 --> 00:39:21,000

Mace and Dr. Shealy's successful blending of the psychic and the scientific has led them to share their alternative techniques in a series of seminars.

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00:39:21,000 --> 00:39:25,000

Here, people learn that they can often heal themselves by using their own intuition.

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00:39:25,000 --> 00:39:41,000

Medical intuition, to me, is being able to know what is wrong with someone or the cause of what's wrong with them without necessarily having scientific facts to tell you where that answer came from.

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00:39:41,000 --> 00:39:44,000

It's a spontaneous knowing.

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00:39:44,000 --> 00:39:56,000

Medical intuition is the ability to evaluate a person's energy in order to assess the quality of that person's health.

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00:39:56,000 --> 00:40:02,000

Mace believes that the physical body is surrounded by its own electromagnetic energy field.

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00:40:02,000 --> 00:40:10,000

This field is created not only by an individual's body chemistry, but also by their attitudes, emotions, and spirituality.

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00:40:10,000 --> 00:40:23,000

As the years went by, I started to observe that illness had patterns. In other words, there were certain psychological stresses that were specific to every single illness we developed.

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00:40:23,000 --> 00:40:26,000

There's no such thing as a random illness, none whatsoever.

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00:40:26,000 --> 00:40:41,000

Then I began to realize that the body, in fact, was actually designed as a type of power system, that we have seven different levels of power that are inherent in human biology.

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00:40:41,000 --> 00:40:48,000

The seven levels Mace describes correspond to the seven power centers known in far Eastern philosophy as the seven chakras.

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00:40:48,000 --> 00:40:57,000

Chakras are the body's computers because each one warehouses data so specific they warehouse data

just like a computer does.

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00:40:57,000 --> 00:41:06,000

Your fourth chakra or your fourth computer is your emotional territory, all of your information on love, forgiveness, bitterness, jealousy.

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00:41:06,000 --> 00:41:22,000

When a woman finds out, for example, that perhaps her marriage isn't working or her husband's been cheating on her, nine out of ten women, at least the women I meet, nine out of thousands of them, will deny it or try to figure out some way to live with it.

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00:41:22,000 --> 00:41:30,000

These types of emotional issues or traumas in the extreme get warehoused in breast tissue and become breast cancer.

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00:41:30,000 --> 00:41:37,000

To Mace, the lower back pain that afflicts millions of Americans can be traced to spiritual, not physical trauma.

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00:41:37,000 --> 00:41:52,000

Financial stress won't cause you to have earaches. It won't give you a sore throat. What it will do is it'll blow apart your lower back because that's where financial stress lives in the body.

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00:41:52,000 --> 00:41:56,000

Your biography is indeed your biology.

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00:41:56,000 --> 00:42:04,000

Rewriting your biography to improve your own biology is what Mace tries to impart to those who seek the secret to self-healing.

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00:42:04,000 --> 00:42:13,000

I think the greatest problem that medicine ever created was when it separated the body and the mind and the spirit because you can't.

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00:42:13,000 --> 00:42:19,000

I think that to deny the spiritual, in my opinion, is malpractice.

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00:42:19,000 --> 00:42:38,000

Health is a matter of power. So it's better to have attitudes that bring you power. Positive attitudes. Faith. Feeling good about yourself because that empowers your heart, your mind, your spirit, your biology.

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00:42:38,000 --> 00:42:55,000

Dr. Shealy and Carolyn Mace both believe that using medical intuition is not a cure-all or replacement for conventional treatment, but they do believe that self-awareness and taking responsibility for your own health are the first steps towards complete wealth.

365

00:42:55,000 --> 00:43:08,000

Thanks to overwhelming viewer response, sightings will expand its America Online area beginning June 1. Keyword, sightings, when you log on for access to sightings, stories, images, and events.

366

00:43:08,000 --> 00:43:16,000

And you can still reach us 24 hours a day at 1-900-933-SITE. That's 1-900-933-7444.

367

00:43:16,000 --> 00:43:25,000

Until next time, remember, no mystery is closed to an open mind. For Sightings, I'm Tim White.

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00:43:46,000 --> 00:43:53,000

Thank you for watching.